



Yusuf and Ahmed Lambat
LMCP Care Link
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Website: <https://www.york.ac.uk/spru>

13th December 2022

Dear Yusuf and Ahmed Lambat

Re: Recommendation

Thank you for allowing me the opportunity to write a testimonial highlighting the enormous benefits we've found working with LMCP Care Link. LMCPs work over the past three years, in helping us create an inclusive and engaging package of learning for the support workers working in Community Mental Health Teams has been of great benefit to the research team, NHS Trusts, and support workers alike.

LMCP's help in designing both the Helping Older People Engage in Social care (HOPES) 1 and HOPES 2 study contributed to what now appears to be an acceptable, feasible and useful package of learning for this workforce. With the learning being found to improve the knowledge of support workers trying to engage older adults with mental health needs. LMCP's help in recruiting staff to research interviews, attending and engaging in consultation events, supporting the design of study materials (including course media), and supporting the delivery of the course has helped make this learning something that can be further evaluated and potentially adapted for other staff groups. In addition, LMCP's recent success in obtaining a Research for Social Care (RfSC) award looking at improving the delivery of culturally competent care further recognises you as equal partners in research, with the funding panel being expressing a high level of confidence in your competence to deliver the research to a high standard. This award will no doubt help further improve the impact of the HOPES learning, as well as further supporting ongoing EDI agendas.

Finally, the involvement of LMCP in our research has not only helped develop and influence our thinking on how we can best design and deliver our research, but it has also helped improve the potential for impact. For example, the guidance LMCP provided on how South Asian communities might think about, approach, and use community services differently was used to help populate content on the 'Cultural Aspects of Care' which formed a significant part of Module 4 of the HOPES learning. Early feedback suggests this content may have also influenced learners thinking and curiosity around the delivery of culturally competent care beyond the scope of the course, with learners detailing additional reading they had undertaken on the topic as a consequence.

I would highly recommend others to collaborate with LMCP Care Link when securing funding for co-production research in similar settings. They work to a very high standard, are friendly, approachable, and very influential.

I would be happy to be approached with regards to this recommendation.

Yours Sincerely,

A handwritten signature in dark ink, appearing to read 'L. Newbould', written in a cursive style.

Dr Louise Newbould

Research Fellow & Principal Investigator of the Helping Older People Engage in Social care (HOPES) Study